

CALENDAR

Next Meeting

Thursday 6 August
7.30pm on [Zoom](#)

The Chapter Meeting will be hosted on Zoom at 7:30 pm starting with our guest speaker and followed by Chapter business. To participate in the meeting you must register by clicking [here](#). After registering, you will receive a confirmation email containing instructions and the confirmation number needed to join the meeting.

August

6 August
7.30pm Virtual Member Meeting
13 August
7.30pm Virtual Board Meeting

September

3 Sept
7.30pm Virtual Member Meeting
10 Sept
7.30pm Virtual Board Meeting

October

1 Oct
7.30pm Virtual Member Meeting
8 Oct
7.30pm Virtual Board Meeting

November

5 Nov
7.30pm Virtual Member Meeting
12 Nov
7.30pm Virtual Board Meeting

December

3 Dec
7.30pm Virtual Member Meeting
10 Dec
7.30pm Virtual Board Meeting

Speaker of the Month

Tracking Brookie Populations in SNP



August: *Evan Childress*

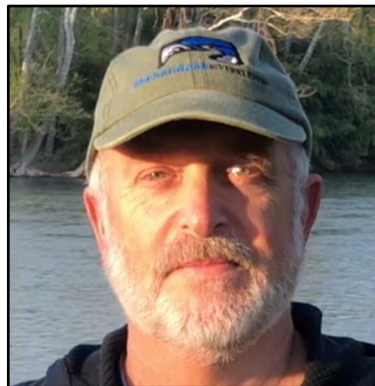
Shenandoah National Park is host to a diverse aquatic fauna and represents some of the best

coldwater habitat in the mid-Atlantic. It is home to abundant brook trout populations that provide excellent recreational opportunities and conservation value. The park has a long-running monitoring program for brook trout and aquatic macro invertebrates that was initiated in the early 1980s. Evan Childress, the fish biologist at SNP and our August guest speaker, will discuss lessons learned from the monitoring program, such as the drivers of year-to-year variation in brook trout population and ongoing management challenges including acid deposition and warming water.

Evan is a native of Albemarle

County where his early experiences fishing and mucking around in the Moormans River inspired him to pursue a career in aquatic ecology. He has a Bachelor's degree in Biology from Oberlin College, an MSc in Aquatic Ecology from University of Michigan, and a PhD in Freshwater and Marine Science from University of Wisconsin. He has lived in and done aquatic ecology research in 10 states and recently returned home to Virginia to lead research, monitoring, and management efforts for brook trout, macro invertebrates, and the other denizens of Shenandoah National Park's streams.

Health of the Shenandoah River in the Balance



September: *Mark Frondorf*

The health of the Shenandoah River continues to be in the balance as supporters scored some wins – and losses – over the past year. Mark Frondorf, Shenandoah Riverkeeper, will talk about the gains and the ongoing challenges the group has experienced over the last year at the September 3 chapter meeting. They scored major

victories getting cattle out of rivers and perennial streams and they were part of the coalition that stopped the Atlantic Coast Pipeline from being built. At the same time, they lost a lawsuit to have the Shenandoah River system included in the Virginia Impaired Waters List for its excessive algae and nutrient overload. “The Shenandoah struggles to handle the runoff from 165,000,000 chickens/turkeys and 530,000 head of cattle,” Frondorf said. Additionally, Frondorf convened the Mid-Atlantic Smallmouth Bass Health Assessment that brought together state biologists from the Shenandoah, Upper Potomac, Potomac, and Susquehanna rivers to talk about the health of the smallmouth bass populations in each of the rivers and to identify challenges common in each of the river systems.

The Shenandoah Riverkeeper is part of the Potomac Riverkeeper Network, a registered 501(c)3 nongovernmental organization with three Waterkeeper branches: Potomac Riverkeeper, Upper Potomac Riverkeeper, and of course, the Shenandoah Riverkeeper program. Its mission is to protect the public's right to clean water in the Shenandoah. It works to stop pollution to promote safe drinking water, protect healthy habitats, and enhance public use and enjoyment.



Trout Hat Trick

A trio of recipes for freshly caught trout

In my early days of fly-fishing for trout, a lot of my 'catching' was during summer months in the UK. There, fisheries management encouraged the harvesting of caught trout because of the warm water conditions. So my wife became very accustomed to my bringing home a decent amount of fish.

Now, most of my trout fishing is in the DC area where a majority of the 'catching' is on catch and release waters. More often than not, I return home with little more than stories of fish caught, which my wife is less thrilled about! So when I am able to occasionally bring home my catch, it becomes a real treat for our household.

Our preferred method of preparing trout is to smoke them on the ceramic cooker (Big Green Egg, or BGE). I tend to smoke the trout at a very low temperature, say 120 to 150 degrees, so as to get a moist fish that is



more infused with smoke than cooked by it. I also tend to use smoke chips that produce a milder smoking flavor, such as cherry or apple wood.

Smoked trout makes for a great pâté that is dead easy to prepare with cream cheese, lemon juice, melted butter,

horseradish and Worcestershire sauce. We would generally serve this with crackers or pita chips, but vegetable sticks would also be a good complement.

An unbelievably simple trout recipe involves placing the whole fish (cleaned, of course) on a baking sheet lined with cooking paper, stuffing the fish with lemon and thyme, and baking in the oven together with new potatoes (halved) and asparagus spears, all seasoned with olive oil, salt and pepper.

One of our first recipes for preparing trout, and undoubtedly our favorite, is to marinate the fish (after making diagonal cuts in both sides) in oil, lemon juice, oregano, mint, salt and pepper for half an hour, and then broil the fish for 12 – 15 minutes, turning once before broiling is complete. Serve the fish with a green sauce of garlic, parsley, capers and lemon juice that is seasoned with salt and pepper.

Bon appétit!

Gregg Rockett

Read more of Gregg's blogs at www.therockettman.com/fishing



Fish With a Member

Although our Fish With a Member trips are a healthy alternative, psychically and physically, in the current environment, we are suspending them until further notice. The primary concern is that if park or state officials observe close interaction at the assembly points the fishing exemption could be affected. Trips have traditionally been run informally—without requiring a reservation—so we have no control on the number of members. This is obviously an evolving issue so we'll continue to consider options.

George Paine



NVATU Recognizes Mason Kasprowicz

Mason Kasprowicz, co-founder of Flies by Two Brothers www.fliesbytwobrothers.com, an energetic volunteer, a strong supporter of TU programs and one of the chapter's star members, is heading to college in New Mexico. In recognition of his work, the chapter sent Mason the following letter and a small gift to help him get on the New Mexico waters.

Dear Mason,

As you embark on the next step of your life, the Northern Virginia Chapter of TU (NVATU) would like to both congratulate you and thank you.

In the last few years, we have seen you grow into an accomplished fisherman and model volunteer that many who are older would envy. I'll try to list a few of your many accomplishments.

–You've achieved such a high level of fly tying skill that you now instruct many others on complex patterns.

–You've participated in teaching the range of fishing skills and imparted environmental consciousness to your peers at the Tri-State Camp.

–You and Palmer have created a viable fly making business recognized by TU National.

–You have served with Palmer as Youth Advisor to the NVATU board.

–You and Palmer have created the first high school fishing club in the region.

Your parents and grandparents have every right to feel immensely proud.

On behalf of the chapter, I am enclosing a check for \$56 in hopes that you will use it to purchase a New Mexico fishing license and continue to enjoy fishing between classes.

*Sincerely,
Jay Lovering
President, NVATU*

Fisherman's Forum

If you are an Arlington Resident, aged 55 or older, you are welcome to participate in the Fisherman's Forum, which is an Arlington County 55+ program held the second Monday of every month. For information send an email to:

inforvatu@gmail.com

Fly of the Month

AUGUST: MR. RAPIDAN PARACHUTE



It is time to restock my fly box with my favorite spring and fall fishing fly for brook trout in the Shenandoah National Park streams. And, this is a good fly to learn how to tie any parachute pattern.

Originator: Harry Murray from Edinburg, VA. Designed through systematic trial and error to attract Brook Trout and is representative of a number of flies found in a SNP or any brook trout stream. Visit Harry

Murray's website and his fly shop/drugstore in Edinburg for the latest conditions on the Shenandoah Park Steams and nearby stocked streams. You can buy #34 Fly Rite "Quill Gordon/Brown Drake Yellow" dubbing at his store.

TECHNIQUES

- ▶ Tying in Moose Hair tails; precut, stack and glue butts to the lid of a medicine bottle to speed up tying
- ▶ Dubbing the body
- ▶ Tying in post of calf hair and other materials
- ▶ Tying in and wrapping parachute hackles and different ways of tying off the hackle
- ▶ Using two half hitches to tie off the thread at the head

RECIPE

Hook: Standard Dry Fly, TMC 100 #12-16

Thread: Tan 6/0, or 8/0 for #16 if you wish

Tail: Moose body hair

Body: #34 Fly Rite "Quill Gordon/ Brown Drake Yellow" dubbing

Hackle: Grizzly and Brown,

three wraps each, one size larger than the hook size

Wing/Post: Yellow calf tail (optional pink or other color synthetic material to improve visibility in various lighting conditions)

FISHING TIP

I use a size #14 and #16 fly, mostly in the spring when fishing for brook trout whether or not there is a hatch. Check the water level; normal or a little above normal is optimum. Best right after a rain so the water is a little turbid (not the normal crystal clear). Cloudy days are best in the spring and early summer. Approach a pool slowly and keep low. Cast first to a big brook trout that may be lurking in a prime-feeding lane at the lip of the pool. Next, cast to the likely spots to the left and the right side of the pool, especially above large boulders, and then up to the head of the pool, letting the fly drift through the entire pool. Talk to experienced small stream fishermen as to how to identify spots where brook trout are most likely to be found. In a

Although NVATU has not resumed in-person monthly meetings, John Hadley was good enough to provide these recipes for members who want to practice at home.

small pool, especially in low water conditions, you may only get one or two casts before the trout are spooked. In a larger pool you may be able to hook a couple before they are spooked. Keep casting if you are getting strikes, but when they get shy don't waste your time; just move onto the next pool. I'll cast into likely skinny water spots between pools but it is more luck than skill to pick up a small fish here and there. But that's better than just letting a possible hookup go by.

SEPTEMBER: WHITE WULFF



Developed by Lee Wulff. This is a great fly for the White Fly hatch in September. Once you've learned this fly you can tie most hair wing fly patterns.

RECIPE

Hook: Standard Dry fly # 8-14

Thread: White 8/0, 6/0

Body: White yarn or dubbing

Tail: White calf tail or body hair, body hair is straighter

Hackle: Silver badger or white hackle

Wing: White calf tail, same as tail

FISHING TIP

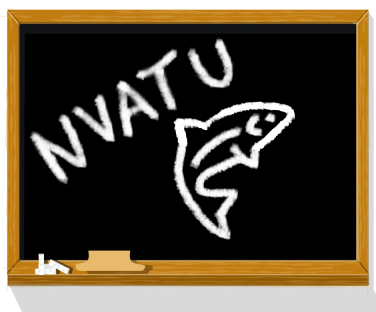
When the White Fly hatch is really on, about dusk, you don't need much technique; the trout will leap out of the water within an arm's length in an attempt to catch his fly. The White Fly is the Trident Missile hatch of mayfly hatches; the nymph rises rapidly to the surface, the fly bursts out at the surface and immediately flies away. Just plop the fly down on the water; if you don't get an immediate strike cast in the direction of any of the surrounding rises. The take will be very active.

Trout will be jumping into the air to catch a hatching fly; just lift your rod to set the hook, reel in the trout, release and cast again as soon as you can as you only have about 30 minutes to catch as many trout as you can before the hatch ends, in near total darkness. Once it gets dark and the hatch is over you can hear trout sipping fallen spinners. If you enjoy fishing in the dark just cast in the direction of the sipping sound and let your fly drift with the current. Keep your line taught, as the take will be light.

Trout in the Classroom 2020 Report

Despite the constraints needed because of the Corona virus, N. Virginia teachers proved their resourcefulness by successfully raising and releasing nearly 700 brook trout fry. Some fry were released right after the shutdown. Teachers were able to safely enter the schools to maintain tanks and remove fish.

We are not able to release the fry into Wildcat Hollow this year and for the next few years while Virginia DGIF looks for signs of natural reproduction.



The results this spring were:
Catharpin Creek 486
Passage Creek 191
Rose River 7

A huge thank you to our chapter coordinators, John Davey, Daniel Lazenby, Bob Speegle, and Tim Toole who crisscrossed the counties with eggs and alevins to make it possible.

George Paine

Conewago Stream Improvement Workday

In July, 18 Adams County and NVATU Members showed up to help with the Conewago Creek stream improvement workday.

The combined group accomplished a lot. In addition to completing the rebuilding of one mudsill with stone and dirt, the work crew also moved a large blockage on the trail, installed stone bases at the entrance and outlet of a culvert, trimmed limbs and brush from the trails, added a log tip deflector, and rebuilt another

mudsill adding a new face log.

An ACTU sponsored lunch was enjoyed by all at the Gladys Pavilion.

Many thanks to ACTU Stream improvement coordinator Gary Perry Sr. for organizing this workday and for the great help that we



received from ACTU members Dave Swope, Gary Perry Jr, Eddie McGlathlin, Tim Jeffcoat, Buzz Dettinburn, Tom Ritter, Jeff Clarke, Jerry Gladfelter, James Zinn, Ricky Whitmore, Jeremy Whitmore, Dave Keller, Jeff Martin, and Richard Lewis. And a special thanks to those NVA Trout Unlimited members Luke Hendrixson, Ken Fugate, and Mike Craigmile who traveled all the way from Northern Virginia to lend a hand.

GREAT JOB BY ALL!!!



CHAPTER WEBSITE
www.novatu.org
infnovatu@gmail.com

MAILING ADDRESS:
 Northern Virginia
 Chapter of
 Trout Unlimited
 P.O. Box 3592
 Oakton, VA 22124

Go to the Chapter website to sign up for a full year of TU member benefits including TROUT Magazine, chapter activities, discounts on travel and fishing gear, opportunities to win trips, prizes, and more. Be sure to specify Chapter 360.



Keep up with the latest chapter happenings on Facebook:

www.facebook.com/groups/334014474470



VA STATE
 TROUT UNLIMITED
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NORTHERN VIRGINIA CHAPTER OF TROUT UNLIMITED

Officers

Chapter President Jay Lovering
 Chapter Vice President Tony Hill
 Chapter Treasurer Ken Bailey
 Assistant Chapter Treasurer Steve Peters
 Chapter Secretary George Paine

Board of Directors

Chapter Board Member (FY 2019) Bill Errico
 Chapter Board Member (FY 2019) Kiki Galvin
 Chapter Board Member (FY 2019) Daniel Lazenby
 Chapter Board Member (FY 2018) Roy Lindquist
 Chapter Board Member (FY 2018) Terry Lowe
 Chapter Board Member (FY 2019) Steve Peters
 Chapter Board Member (FY 2018) Suzanne Malone
 Chapter Board Member (FY 2019) Jim Wilson

Advisors to the Officers and Board of Directors

Chapter Legal Counsel Victor Kernus
 Chapter Financial Review vacant

NVATU Committees

Communications

Chapter Communications Gregg Rockett
 Chapter Newsletter Editor George Paine
 Secondary Chapter Newsletter Editor Jim Galligan
 Chapter Newsletter Design Anna Rockett
 Chapter Publicity Chair vacant
 Chapter Webmaster Rob Snowwhite
 Chapter Facebook Administrator Scott Russell
 Secondary Chapter Secretary Terry Lowe
 Chapter Stream Guide Editor Bob Parker

Membership

Chapter Membership Chair Carl Jordan
 Chapter Meeting Coordinator Jim Galligan
 Secondary Chapter Meeting Coordinator vacant
 Chapter Veteran's Service Coordinator Kiki Galvin
 Chapter Women's Initiative Coordinator Kiki Galvin
 Chapter Youth Representative Palmer Kasprovicz

Education

Chapter T.I.C. Coordinator George Paine
 Chapter Education (Fly-Tying) Coordinator John Hadley
 Chapter Youth Education Chair Bill Errico
 Secondary Chapter Youth Education Chair Kirk Smith
 TU Tri-State Youth Conservation Camp Co-Chair Suzanne Malone
 TU Tri-State Youth Conservation Camp Co-Chair Paul Kearney

Conservation

Chapter Conservation Chair Kirk Smith
 Secondary Chapter Conservation Chair Roy Lindquist
 Chapter Delegate to Virginia Council Jim Wilson
 Chapter Program Leader for TIA Alliance Roy Lindquist
 Natural Resource Advisor Kirk Smith
 Chapter Fish With a Member Coordinator George Paine
 Chapter Western MD Trip Coordinator James Barber

Financial Development

Merchandise Sales Chair Don Grattan